



Virtual Sport Stack Championships

Virtual Sport Stack Championships

This competition will start in January 2008 (term 3).

The competitions will be for KS1, KS2 and KS3/4 in any school in Medway.

There will be a different competition every term, but none in term 6.

TERM 3 2008	3.3.3	WEDNESDAY 13 TH FEBRUARY 2008
TERM 4 2008	3.6.3	WEDNESDAY 2 ND APRIL 2008
TERM 5 2008	CYCLE STACK	WEDNESDAY 21 ST MAY 2008
TERM 6	NO COMPETITION	
TERM 1 2008	PAIRS 3.6.3	WEDNESDAY 22 ND OCTOBER 2008
TERM 2 2008	3.6.3 RELAY	WEDNESDAY 17 TH DECEMBER 2008

Organise your intra school competition how you wish (inter form, inter year, inter house, within your club) but only send the best 8 individual results, best 4 pairs and best 2 team results to Gail Halls. This will then be counted as an inter school competition. This will then be included in your annual PESSCL data. Times should only be recorded when they can be authenticated by the teacher/adult in charge.

Results must be emailed to Gail Halls by the deadline date (as seen above) in order to be counted. (ghalls@rsg.org.uk)

Results must be sent on the sheets provided.

BASIC RULES

- Handle only one stack at a time
- You must always go back to the beginning to down stack
- Fix your fumbles immediately when they happen

PAIRS

One person uses their right hand and the other person uses their left hand to upstack and downstack 3.6.3. See the 4th photo down on the right.

RELAY

The Lead Stacker on the team starts at the Stack Mat[®] on the competition table. The other three Stackers on the starting line, 1.5 m (5 ft.) back from the edge of the table, and facing the back of the Lead Stacker. After each Stacker tags their team mate, they return to the end of the line. The final Stacker will stop the Stack Mat[®] Timer.



