

**MEDWAY PRIMARY SPORTS HALL ATHLETICS  
FESTIVAL YEARS 3 and 4 (either AM or PM session)  
THURSDAY 28<sup>th</sup> JANUARY 2016 - MEDWAY PARK  
EVENT SPECIFICATION**



**Date: THURSDAY 28th JANUARY 2016**

**Venue: Medway Park**

**Years 3 and 4 either AM session (9.30am - 12.30pm) OR PM session 1PM - 4pm approx.**

**Organiser - Claire Moore Email:  
[moorec@thehowardschool.co.uk](mailto:moorec@thehowardschool.co.uk)**

**Closing date: Friday 15<sup>th</sup> January 2016**

**General:**

- Sportshall Primary Athletics provides the ideal format in which to introduce young people to Athletics and Multi-Skill Competitions
- All equipment will be provided.
- For copies of the **Aviva Primary sports hall athletics rules and guidance notes please contact event organisers**. Plus the event format and order of events including the team sheet for boys and for girls.
- Entries will not be accepted after the closing date. Entries and session selection (AM or PM) will be accepted on a 'first come first served basis'.
- Teachers are at all times responsible for the behaviour and conduct of the participants and supporters.
- Staff, sport leaders and officials should be treated with respect at all times.
- This event cannot take place without the help of student sport leaders, please respect the fact that they are learning as leaders.
- Referees and organisers decisions are final and should be accepted at all times.
- Teachers will be asked to assist throughout the day to ensure their pupils attend the correct event on time.

**Team Information:**

- A Primary team must consist of a minimum 9 boys and 9 girls and a maximum of 15 boys and 15 girls
- **Team sheets and programme/order of events available upon request from event organisers**, to complete for both boys and girls, each athlete must enter a minimum of 2 track and 2 field events.
- The Year 3 and 4 only team competition is planned for both the morning session: 9.30am - 12noon and the afternoon session 1pm - 3.30pm approx. (your school team selects their preferred time slot) Final places/positions of school teams will be known at the end of the day.
- One team per school maximum per age group

**Equipment:**

- All equipment is provided for each event please ensure athletes arrive in P.E. kit.
- Student sport leaders will stand at each event, do a demonstration, instruct and assist primary pupils on how to 'have a go' at specific athletics events.
- Participants should wear appropriate sportswear and footwear for the indoor sports hall.

P.T.O.

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**Playing Rules:**

**On the track ...**

1 + 1 Lap Relay girls	Each requiring 2 girls
1 + 1 Lap Relay boys	Each requiring 2 boys
2 + 2 Lap Relay girls	Each requiring 2 girls
2 + 2 Lap Relay boys	Each requiring 2 boys
6 Lap Parlauf girls (1 + 1 Lap Hurdles for Year 3 and 4)	Each requiring 2 girls
6 Lap Parlauf boys (1 + 1 Lap Hurdles for Year 3 and 4)	Each requiring 2 boys
Obstacle Relay girls	Each requiring 4 girls
Obstacle Relay boys	Each requiring 4 boys
Over/Under Relay girls	Each requiring 4 girls
Over/Under Relay boys	Each requiring 4 boys
4 +1 Lap Relay girls	Each requiring 4 girls
4 + 1 Lap Relay boys	Each requiring 4 boys
<b>On the field</b>	
Chest Push girls	Each requiring 3 girls
Chest Push boys	Each requiring 3 boys
Soft Javelin girls	Each requiring 3 girls
Soft Javelin boys	Each requiring 3 boys
Speed Bounce girls	Each requiring 3 girls
Speed Bounce boys	Each requiring 3 boys
Standing long jump girls	Each requiring 3 girls
Standing long jump boys	Each requiring 3 boys
Standing triple jump girls (5 strides year 3 and 4)	Each requiring 3 girls
Standing triple jump boys (5 strides year 3 and 4)	Each requiring 3 boys
Vertical Jump girls	Each requiring 3 girls
Vertical Jump boys	Each requiring 3 boys

- Each Primary School Team will be allocated a coloured bib - so that sports leaders and event organisers know which Primary School they are representing.
- All athlete times and distances will be recorded on a central spreadsheet for their school team and from these results each primary school team will be allocated a final position overall.
- Winning School teams/the highest placed teams from both the Howard SSP and the Greenacre SSP will be invited to represent their Partnership at the Kent School Games finals as follows:  
Year 3 and 4 Kent School Games Primary School Sport Hall Athletics Finals: June 2016 at Medway Park
- A Fair Play Award will be awarded according to feedback from sport leaders and Festival organisers based upon positive behaviour, good sportsmanship and team spirit on the day.