

MADAGASCAR

BUZZWORD

ALEX **ROARS!**

SOMEONE SAYS "**THE WILD**"

THE **PENGUINS** ARE ON SCREEN

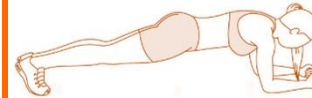
I LIKE TO **MOVE IT MOVE IT** SONG

EXERCISE

10 BURPEES



10 SECOND PLANK



10 HEEL TOUCHES



DANCE ALONG!

