



WELCOME AND UPDATE

We hope all HSSP schools, staff and students/pupils are active in a summer of P.E. school sports and physical activity for 2022 – 'face to face' with pupils enjoying at least 30 minutes of daily physical activity at school and 30 minutes in their leisure time. And everyone is enjoying all the social, mental health and physical benefits that being active brings to young people.

The online window of application for the new national School Games Mark Award '21-22 has now opened and will close on 27th July 2022 through www.yourschoolgames.com. This newly revised national Award is very different from previous years. The HSSP is able to support all HSSP schools deciding to apply and we will need to view evidence/proof of achievements in order to be able to verify your school's application online. Please contact Claire Moore if your school needs any help. To gain the Bronze Award, schools need to select one outcome (of the 5 outcomes), however for Silver/Gold Awards all outcomes needs to be addressed.

OUTCOME 1: Schools will need to demonstrate how they are: Maintaining and growing their school's engagement in the School Games and their delivery of **60 active minutes for every child**. Supporting schools to prioritise the delivery of 60 active minutes (30 minutes at school and 30 minutes at home/in leisure time) as an entitlement for every child to support improvements in their physical literacy, social, emotional and physical wellbeing.

OUTCOME 2: Creating positive experiences to ensure physical activity and competition provision is designed to reflect the motivation, competence and confidence of their young people and has a clear intent. Schools will need to demonstrate **how they are targeting young people who need the intervention most** (particularly but not exclusively those from low socio economic backgrounds, minority ethnic groups and SEND) to improve their physical literacy, social, emotional and physical wellbeing.

OUTCOME 3: A clear focus on particular **transition points** (Yr.3 and Yr.7/8 as well as those in 3 tier systems) and how secondary schools are engaging in the School Games. We want to continue to prioritise the engagement and delivery in secondary schools in the Schools Games', but we also want to recognise the impact in early KS2 and other transition points.

OUTCOME 4: Create positive experiences that support the **character development of their young people**. This includes opportunities across the full breadth of the School Games which incorporates the delivery of high quality, inclusive leadership and volunteering.

OUTCOME 5: Advocate to key stakeholders how the School Games makes a meaningful difference to the lives of children and young people, including **engaging and educating their parents**. Participation in physical activity and competition will impact on young people's physical, emotional, and social wellbeing and influence the likelihood of continued engagement both at school and in the community, creating habits for life.

As part of the new focus this year to ensure Competition and Festival provision for the HSSP Schools reflects the motivation, competence and confidence of their young people through the designated 'Me outcomes': **Social and Thinking Me, Physical Me, Healthy Me, Competitive Me** etc. We have added one new Event for the Secondary Schools: SSG Dodgeball (Social Me) in March 2022 (read more on page 3). We welcome feedback from our schools that have taken part in our Festivals all year round (face to face) from teachers and young people, to help us to continually improve our Festival/Competition programme. We have recently met with Medway Heads of P.E. Dept's to gain feedback on the SSG programme of events for the year ready for 2022-23. We are still offering some HSSP Virtual Primary Festivals as follows (deadline for results by: 8th July 2022): HSSP Virtual Hula Hoop Competition (yrs 1-6), HSSP Virtual Skipping Competition (yrs 1-6), HSSP Virtual SAQ Hurdles Competition (yrs 1-6), HSSP Virtual SAQ Ladders Competition (yrs 1-6).

Kent Sport ran a Transition Festival (Sports Hall Athletics open to many Kent and Medway schools) in April 2022 at Medway Park. This is where we at the HSSP invited year 6's (from Hoo St. Werburgh Primary) and year 7's (from the Hundred of Hoo Academy) to help support students from both year groups to ease transition into new schools. This was designed to ensure that year 6's would need to interact and communicate with the year 7's together in one team through sport. Much of the feedback from this event was positive i.e. Statistics showed that only 45% of children felt confident prior the event. However, post event it increased to 81% of children feeling confident about taking part in sport and P.E. in secondary.

The Government has just announced it will be continuing with the annual Primary P.E. Premium funding in 2022-23. A reminder that all Primary Schools need to complete and display the 'Evidencing the Impact' document by 31st July 2022, on their school website. This document will reflect how the funding has been spent and what impact it has had on staff and pupils. We would like to remind HSSP Primary Schools to consider signing up to some HSSP school sports services in 2022-2023 by late June/early July 2022, our menu of services/packages has been sent in the post and via email. We look forward to hearing from you.



This summer we are all very much looking forward to the Birmingham 2022 Commonwealth Games and have celebrated with 6 fun festivals at 6 HSSP Primary Schools, as a legacy project (see page: 2). Furthermore there are other events: Bowls, Tryathlon, Wheelchair Basketball and Cycling B2022 legacy Festivals planned across the county, where some targeted HSSP Schools and pupils will benefit. We hope these B2022 legacy events go well.

CLAIRE MOORE- SGO and PDM

HSSP PRIMARY P.E. CPD WORKSHOPS AND TEAM TEACHING FEEDBACK

NAME OF CPD WORKSHOP	Name of Tutor	No's attending	% of delegates scored the course as an excellent/good – 'enjoyable learning experience'
KS1 and KS2 Invasion Games	CH and HC	cancelled	-
KS1 and KS2 Dance	LD	11	100%
KS1 Gymnastics	GH	9	100%
KS2 Gymnastics	GH	12	100%
OAA and Orienteering	HC, CH, EF and GH	13	100%
ADDITIONAL BESPOKE INSET/CPD DELIVERED FOR PRIMARY SCHOOLS			
Challenging the more able pupils in P.E. lessons (Hundred of Hoo Primary Academy)	GH and HC	8	100%



OAA and Orienteering Workshop



Some delegate feedback: *'Thank you. Very enjoyable, friendly, fun and informative.'*
'Enjoyable and will be using resources in my lessons.'
'Thank you for creating this training session for us.'

PLANS AND IDEAS FOR FUTURE PRIMARY P.E. CPD WORKSHOPS IN 2022-23:

We always welcome ideas from teaching staff for new Primary P.E. CPD workshops in 2022-2023 such as:

- Teaching P.E. lessons to children with autism
- LTA Primary Tennis
- Challenging the more able pupils in P.E. lessons
- Yoga and Mindfulness
- Striking and Fielding workshop

FEEDBACK FROM PRIMARY P.E. TEAM TEACHING

Our team of Specialist P.E. Teachers are busy working with Primary School teaching staff to help improve their ideas, skills, knowledge and confidence in teaching progressive P.E. lessons. Here are some quotes from feedback received after 6 weeks of team teaching:

High Halstow Primary - 'It was good to gain ideas on how to link P.E. to our wider learning. 'Mrs. Charles was brilliant.'
St. Johns Infant - 'Great fun P.E. lessons. Always new ideas. Children have really enjoyed P.E.' *'Students like going to P.E. lessons'.*

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HSSP COMMONWEALTH GAMES FUN FESTIVALS (6 targeted primary schools)

As part of the Birmingham Commonwealth Games 2022 this summer, the HSSP received a small amount of funding to target those young people in most need and who would most benefit from a 'Fun and Active' Commonwealth Games Intra-School Festival at their school.

We decided in light of the last 2 years of Schools and young people missing out due to the Pandemic (and hence not able to attend any face to face School Sports Festivals) to target years 3 and 4 classes from 6 Primary Schools in socially deprived areas. Therefore many of these Schools had children taking part with a high percentage of under-represented groups i.e. SEN, BAME and pupils premium children. Two classes from each of the 6 schools enjoyed: GORI (a fun game with a gym ball as target practice), Handball/ Volleyball Coaching, Athletics and Multi-Skills and a quiz all about the Commonwealth Games. School classes were divided into Commonwealth Games Country's (as teams): Canada, South Africa, New Zealand, Seychelles, Guyana and Solomon Isles.

Some of the school classes very much got into the real spirit of the Commonwealth Games and learnt all about the countries and the values of the Commonwealth Games, and learnt a little about who is the head of the Commonwealth group of countries and Birmingham itself. This helped the country teams have thoroughly enjoyable cross curricular learning experience, as well as participating in a series of fun and physically active Festivals in an assigned country team, led by HSSP staff. All children received a medal and some special awards and they learnt about the importance of staying physically active every day at school i.e. 30mins every day for all children.

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Brompton Westbrook Primary School children enjoying the B2022 Commonwealth Games Fun Festival



NEW SSG DODGEBALL EVENT 'SOCIAL AND HEALTHY ME': 31st March 2022 at The Howard School

As part of the newly re-structured SSG Competition programme for 2021-22 we consulted with Medway Heads of P.E. Teachers and they indicated that Dodgeball was a popular sport/physical activity with many different students. This new Festival was designed to attract year 7's under the outcome: 'Healthy and Social Me' i.e. those who need to develop their team work, co-operation and communication skills and learn to make friendships and to realise the importance of health and being active every day.

We secured the support of the Howard School 6th former BTEC Sport class, who needed to experience and pass course content areas such as leadership/officiating and coaching. So all students attended a Dodgeball UK Level one course to learn about this new sport and rules and to experience refereeing Dodgeball matches. Then all 6th form students worked as a team with the HSSP staff and P.E. teachers to ensure the new SSG Dodgeball competition was a positive experience for all year 7 boys and girls, held on 4 courts at the Howard School and the Rainham Girls sports halls.

The Howard School 6th formers were very organised and refereed and scored all 4 courts as a team and learnt about all aspects of running a large tournament. They also led the player briefing on the rules at the beginning of the day and the presentation of awards at the end of day.

10 girl's teams and 6 boy's teams entered the SSG Dodgeball Competition and we ensured all teams took part in as many matches as possible: Boys teams all played twice in two leagues and Girls teams had 2 groups of 5 teams and then a play-off for final positions. Both the Leigh Academy at Rainham teams won the overall boys and girl's competition and the Howard School boys and the Rainham School for Girls won the 'Team Work Awards'.

All teacher feedback forms were generally positive about this new style event (there were no SSG overall league table points awarded to secondary schools for final positions.):

'Howard School student 6th formers were fantastic and a credit to the school'.

'This is an opportunity to pick different students due to the nature of the Competition, I picked students who are not normally selected for school sport and not in the same sets/classes, so they had to co-operate with one another.'

'Competition well run and sport leaders were great'.

'I think there should be more inclusive events like this, for students who do not normally get picked for school teams.'

'Students were able to socialise and work with others that they don't normally do so with at school.'

Suggestions for the future: ***'More Competitions like this'.*** ***'Selected students who needed a confidence boost'.*** ***'I think some schools did not stick to the targeted students and brought a strong team'.*** ***'It is evident that some teams have brought teams to 'win' rather than in line with event aims.'*** ***'Players thought that the event was fun and really enjoyed the day'.***

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Howard 6th former sport leaders officiating SSG Dodgeball



Howard School 6th former sport leaders SSG Dodgeball



Howard School boys - Winners Team Work Award SSG Dodgeball March 22



Hundred of Hoo Boys - 3rd place team SSG Dodgeball March 22



Leigh Academy at Rainham Boys SSG Dodgeball - Winners March 2022



Leigh Academy at Rainham Girls SSG Dodgeball - Winners March 2022

MEDWAY PSG RACKET SKILLS FESTIVAL (YEARS 3 AND 4) 'HEALTHY ME'

Seventeen Primary School teams from across Medway, took part in the Medway PSG Racket Skills Festival for years 3 and 4 pupils in March 2022 at Medway Park. Each team of 12 pupils had a go and received coaching at the 4 Racket sports: **MINI TENNIS, MINI SQUASH, BADMINTON and TABLE TENNIS**. This was a fun and 'Healthy Me' Festival and was skills based.

The Festival was possible thanks to the Community sports volunteer coaches from the following sports clubs locally: Avenue Tennis Club, Black Lion Squash Club, Castlemaine Badminton Club and Chatham Table Tennis club.

These coaches were assisted by the highly capable student sport leaders from: Brompton Academy and the Howard School. Organisers received some excellent feedback from Coaches and Teachers about the 'supportive and confident sport leaders' who encouraged and were patient with the younger yr 3 and 4's who played these sports for the very first time!

The Primary school children were happy to be back at a face to face Festival receiving coaching and advice on how to play a wide variety of racket skills, but children were also encouraged to consider with their parents, the chance to enjoy taking part at a Community sports club in their leisure time.

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Brompton Academy - sport leaders helping at Racket Skills Festival, March 2022



Miss Foster - Racket Skills Festival, March 2022

MEDWAY PSG QUICK STICKS HOCKEY (YRS 3 AND 4) 'COMPETITIVE ME'

Twelve Medway Primary School teams (from years 3 and 4) attended the Medway PSG Quick Sticks Hockey Festivals at the Gillingham Anchorians Hockey Club. Each squad of 3 boys and 3 girls played many matches in two groups throughout the day and the final positions were as follows:

1 st	Academy of Woodlands	4 th	Bligh	7 th	Phoenix	10 th	Temple Mill
2 nd	Warren Wood	5 th	Hempstead	8 th	SWOP	11 th	Hoo St. Werburgh
3 rd	Fairview	6 th	New Road	9 th	Parkwood	12 th	St. Thomas More

FAIR PLAY AWARD: FAIRVIEW PRIMARY SCHOOL



Academy of Woodlands - 1st place team QSticks Hockey, May 22



Fairview Primary - 3rd place team Fair Play Winners QSticks Hockey, May 2022

We received great support from the Gillingham Anchorians Hockey Club and their volunteers who helped umpire and set up the Festival on their pitches. We also had the benefit of many experienced 6th form student sport leaders from the Maths School, who were hockey players and had attended many Festivals as Hockey Umpires in the last 2-3 years. These volunteers helped to make the Quick Sticks Hockey Festival run smoothly and very enjoyable for participants and staff. Thank you to all concerned.

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YOUNG PLAYGROUND LEADERS TRAINING SESSIONS - SUMMER 2022

Many HSSP Primary Schools have been receiving their Young Leaders Playground training (or adjusted to Sport Leaders training, as required for the school if they cannot be deployed in lunchtimes due to staggered lunches) throughout the summer terms with our HSSP specialist staff.

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Hempstead Juniors young leaders trained with Miss Foster



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