



WELCOME AND UPDATE

Welcome to the HSSP summer newsletter for 2023 and a big thank you to the many busy P.E. Professional staff across Medway Primary and Secondary Schools who have dedicated their time and expertise to helping young people to be physically active for at least 30 minutes every day at school this academic year. As well as ensuring young people in their school experience high quality P.E. lessons, after-school sports clubs, intra-school sport competitions and sports leadership opportunities. These wide ranging opportunities definitely help to shape a young person's life skills and social, emotional, physical and mental well-being.

The nationally recognised School Games Mark Award (Bronze, Silver and Gold) application online process for school's achievements in 2022-23 (through the 5 outcomes) will be closing on: 26th July 2023. School applications are then verified by your SGOs. Please get in touch with your SGO to get help and support for your school application and to view and verify evidence.

OUTCOME 1: Schools will need to demonstrate how they are: Maintaining and growing their school's engagement in the School Games and their delivery of **60 active minutes for every child**. Supporting schools to prioritise the delivery of 60 active minutes (30 minutes at school and 30 minutes at home/in leisure time) as an entitlement for every child to support improvements in their physical literacy, social, emotional and physical wellbeing.

OUTCOME 2: Creating positive experiences to ensure physical activity and competition provision is designed to reflect the motivation, competence and confidence of their young people and has a clear intent. Schools will need to demonstrate **how they are targeting young people who need the intervention most** (particularly but not exclusively those from low socio economic backgrounds, minority ethnic groups and SEND) to improve their physical literacy, social, emotional and physical wellbeing.

OUTCOME 3: A clear focus on particular **transition points** (Yr.3 and Yr.7/8 as well as those in 3 tier systems) and how secondary schools are engaging in the School Games. We want to continue to prioritise the engagement and delivery in secondary schools in the Schools Games', but we also want to recognise the impact in early KS2 and other transition points.

OUTCOME 4: Create positive experiences that support the **character development of targeted young people**.

OUTCOME 5: Advocate to key stakeholders how the School Games makes a meaningful difference to the lives of children and young people, including **engaging and educating their parents**. Participation in physical activity and competition will impact on young people's physical, emotional, and social wellbeing and influence the likelihood of continued engagement both at school and in the community, creating habits for life.

We are very pleased to hear that the Government will continue to fund the ring-fenced Primary P.E. Premium funding annually to each Primary school until summer 2025 and the SGO grant funding also until this date. This gives primary schools substantial funding and more time to plan and to prioritise P.E./School Sport physical activities for young people. If Primary Schools/P.E. Co-ordinators would like to purchase any HSSP school sport services, please do get in contact. We can arrange for a Service Level Agreement (SLA) to deliver school sport services through our staff in 2023-24.

Reminder: to all Primary School P.E. lead teachers and Head Teachers as they need to update how they have spent their P.E. Premium funding and explain what impact it has had on their pupils and staff by posting the 'Evidencing the Impact' document on their school website by 31st July 2023.

After organising some Medway Secondary P.E. Teacher CPD workshops on Athletics and Orienteering the new SSG Orienteering event went well at Capstone Country Park for year 8's, this was designed for those students not having represented their school at sport before. And as the academic year comes to a close with the final SSG District Athletics event: Rainham Mark Grammar Boys School team won the overall SSG title for 2022-23.

We were thankful that both Brompton Academy and the Howard School successfully applied for OSF (Opening School Facilities) funding for additional after-school sports clubs (based upon hundreds of students responses to online surveys) for under-represented students and those that should be more physically active every day. This has also helped to fund some Coach Education courses including a Sports Coach Level 2 Award course, a UK Coaching Safeguarding, First Aid Awareness workshop and others in the future: Dodgeball and Table Tennis Level one Coach Award courses.



The Medway P.E. hub for secondary schools continues to grow and promote opportunities <https://sites.google.com/hundredofhooacademy.org.uk/medwaypehub/?pli=1> with thanks to Mat Mundie at the Hundred of Hoo Academy.

We also encourage P.E. teachers in primary and secondary schools to join the Association for P.E. to access resources/webinars and training opportunities as well as gain insurance and advice on health and safety.



Hundred of Hoo Academy Sports Leaders group at the HSSP Multi-Skills Festival March 2023



Howard School team - winners SSG Dodgeball March 2023

CLAIRE MOORE
- SGO and PDM

PLAYGROUND LEADERS SUPERSTARS

Every year those who sign up to the Howard School Sport Partnership Baseline package receive a Playground Leaders course delivery from one of our members of staff. This course is designed to enable young people to become confident and enthusiastic leaders, honing their skills and providing them with a variety of creative games and ideas they can share in their schools.

The content has been created around the STEP principle, which students utilise to deliver their own games effectively to their peers. This year has seen a fantastic cohort of pupils taking on the Playground Leaders course and qualifying as volunteers to pursue this role during lunchtimes.

This promotes healthy active lifestyles on the playground and enables pupils to be physically active for 30 minutes daily (as per the UK Chief Medical Officers recommendations) and allows leaders to share the skills and knowledge they have gained whilst completing the course. Here, Hempstead Junior School are pictured with their certificates, after demonstrating their abilities to work as a team, communicate efficiently and organise a game displaying all of the values of a brilliant leader along the way.



Hempstead Juniors Young Playground leaders - April 2023

We are proud of each and every one of our Playground Leaders groups, in all of our partnership primary school's, that take on the Playground Leaders course with such determination, resilience and passion. We would love to hear about how your leaders roles are going once your school has completed the course and how your playground looks during break times.

If you are interested and feel as though your students could become highly competent Playground Leaders, or general sport leaders to help their school to run Intra-School sports competitions/sports days/daily miles etc please do get in touch.

EVIE FOSTER – SSCO

PRIMARY OAA AND ORIENTEERING CPD WORKSHOP - THURSDAY 25 MAY 2023

We were delighted to welcome so many colleagues to Hoo St Werburgh for the teachers Orienteering CPD workshop on Thursday 25 May 2023. The SSCO team were keen to provide delegates with a plethora of ideas, activities and resources to take back to their schools and, as such, the afternoon was divided into four interactive sections to maximise the time.

The sound of laughter accompanied the session led by Craig, as delegates were blindfolded and led around a battle-ship like course, an activity aimed to promote communication and trust.

In contrast to this collaborative activity, Evie set up a highly competitive and active country hunt around the forest school. Gail offered numerous activities focussed mainly on KS1, which were enjoyed hugely and which prompted discussions as to how to differentiate activities based upon age and ability.

Map orientation and map reading skills were developed and enjoyed in the session led by Helen and these could be set up in schools competitively or collaboratively depending on the intended outcomes. All of the delegates participated enthusiastically and helped make the evening a thoroughly enjoyable one, with excellent and very good feedback from all delegates.

HELEN CHARLES SSCO

MEDWAY PSG RACKET SKILLS FESTIVAL (YRS 3 AND 4) - APRIL 2023

Students from Brompton Academy were invited to be Sports Leader at the Medway PSG Racket Skills Festival (yrs 3 and 4) on Thursday 27th April 2023. Pupils were selected due to their exceptional contribution to racket skills lessons, clubs and teams at Brompton Academy.

Their roles involved supporting sports coaches in squash, table tennis, short tennis and badminton and supporting the young people to progress their skills in these sports. Students were given the task of leading skills independently, building their confidence and resilience. The sports leaders were a credit to Brompton Academy, where both school staff and the expert coaches commented on their professionalism and ability.

This was an extremely valuable experience for them and some commented how they would like to become coaches or teachers in the future. A huge well done to all of the students from Brompton Academy!

EVIE FOSTER – BROMPTON ACADEMY



Brompton Academy sport leaders coaching Badminton at Racket Skills Festival



Brompton student Sport Leaders at Racket Skills Festival April 2023

NEW SSG ORIENTEERING 'HEALTHY ME' EVENT - MAY 2023 AT CAPSTONE COUNTRY PARK

In light of one of the new School Games outcomes: 'Creating positive experiences to ensure physical activity and competition provision is designed to reflect the motivation, competence and confidence of their young people and has a clear intent'. After consulting with Medway Heads of P.E. in summer 2022, about what new sports/physical activity Festivals/Events might attract those targeted participants that are not physically active enough and those that have generally not represented their school at sport before now. Orienteering came up as a possible sport to include in the SSG programme. So after meeting with the Saxons Orienteering club Development Officer (Alison Howe), we decided to hold a SSG Orienteering Competition in May 2023. Several Medway Secondary Schools began to work with the volunteers at the club to take up their mapping services i.e. mapping their school site in order that they could teach Orienteering to student's onsite.

Then a free of charge informal Medway Secondary Teacher Orienteering CPD workshop was organised in February 2023 at St. John Fisher School, this was delivered by the Coach at Saxons club. Here 10 P.E. Teachers learnt how to introduce Orienteering to their students and were given many ideas, games and resources.

The new SSG Orienteering event included 2 mapped courses at Capstone Country Park, devised by the Saxons club. The club were also instrumental in developing a virtual Orienteering course for families to take part in their leisure time together onsite. The SSG event was promoted to schools for year 8s (teams of 4 participants) throughout the autumn and spring terms. The total entrants included 12 girl's and 12 boy's teams (both A and B teams). Volunteers from the club arranged to bring all their required equipment: waterproof maps, electronic dippers to record team times, and they also helped place all the control points around the site and stewarded control points, together with leaders.

We were assisted by a lovely group of student sport leaders from the Hundred of Hoo Academy and they helped us to organise the whole event as stewards and to help run the mini-maze orienteering timed challenge for individuals. This was a short activity/challenge for individuals to take part in during the lunch break after their team had completed both courses.

Club volunteers explained and briefed all teams on how to read the map just before going out on the course. For this event teams gained an overall position based upon course completion times, plus there was a 'Team Work Award' for both boys and girls teams (voted for by the student sport leaders) and prizes for individuals on the mini-maze challenge.

Here are some of the student comments and feedback: **Liked being independent and exploring new areas, liked being active and exploring nature.** • **Getting to work with friends and having to navigate where to go/read maps.** • **Feeling proud and excited to represent my school.**

And here is some of the teacher feedback: **Students have learnt loads and had opportunity to develop team work skills with friends. Such a lovely atmosphere today!** • **Many did not know each other, as a result of today they have developed socially.** • **Increased confidence and made new friends. Brilliant day well organised. Enjoyed the maze challenge. May consider in the future introducing Orienteering at my school. Some participants suggested that they may have a go locally and get family involved. It was awesome - thankyou.**

We would like to thank all the volunteers from Saxons Orienteering club for all their hard work and expertise to set this SSG Event up and we hope it will continue next year.

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Students Starting



Rochester Independent College boys A 3rd place



Rainham School for Girls B team 1st place



Hundred of Hoo Orienteering leaders



Hundred of Hoo both boys teams winning Team Work Award

MIERS COURT RUGBY TEAM TEACHING PUPIL VOICE AND YOUNG LEADERS

I have been visiting Miers Court again this year. They now have year 4 and year 5 pupils who have been trained as playground leaders as well as staff who feel more confident to teach a variety of PE activities. Each year, the teachers choose an activity that they would like me to lead. Rugby was a popular choice for years 2, 3 and 5; whilst year 6 chose tennis, year 4 chose OAA and year 1 chose rounders. It is great to watch the children improve and very rewarding to see how much they all enjoy their PE lessons. Some of the staff were surprised how involved all the pupils were during lessons – even those whose favourite lesson is not PE!

After the year 3 rugby lessons, the teachers commented: -

This term, we had the opportunity to learn the skills needed to play tag rugby. The children learnt to pass the ball correctly, they played mini team games, they learnt how to tag each other safely and learnt how to play as a team. The children clearly enjoyed their time with Mrs Halls.

Here are some quotes from the children: -

Rugby was really fun and I liked that our coach loves rugby too. The whole class really enjoyed it! • **I liked learning to pass the ball, and how to tackle, it was fun!** • **I absolutely loved it because it's cool to dodge and I think I might like it more than football.** • **I liked learning the rules and working as a team to score a try.**

Hopefully 2023-24 will be another productive year.

GAIL HALLS - SSCO

HSSP ANNUAL DANCE FESTIVAL (PHYSICAL ME OUTCOME) - 30TH JUNE 2023

We held our annual HSSP Dance Festival for primary and secondary schools on Friday 30th June at the Brompton Academy performance hall. Thank you for providing this excellent venue free of charge for our dance teams.

This is a non-competitive (every participant receives a T-shirt and medal) Festival for school teams to come and showcase their dance team skills and to have the confidence to perform in front of a large audience and to celebrate school participant's hard work through their team performance (any genre/theme is allowed), with music, lights, dancing, acting and many costumes.....

This year 10 different dance teams entered as follows:

SCHOOL	TITLE OF DANCE	MUSIC	THEME	No. of PUPILS
Hundred of Hoo Academy	Made you look	Meghan Trainor -Made you look	Made you look	8
All Faiths Children's Academy	AFCA Dance Crew	Beggin - Madcon	Hiphop/street dance	14
Rainham Mark Grammar	One more day	One more day	Contemporary (students own choreography)	6
Wayfield Primary	Life and War	Fire on Fire – Sam Smith	World War 2 emotional feelings	15
Essence Dance Company	Angel by the Wings	Angel by the Wings - Sia	Contemporary (students own choreography)	3
St. Thomas More Primary	Survivor	Destiny's Child Remix	Street Dance	10
New Horizons	We don't talk about Bruno	We don't talk about Bruno (from Encanto)	Encanto	10
Essence Junior Dance Company	Arabian Nights	Prince Ali and A Whole New World from Aladdin	Aladdin Musical Theatre	7
Swingate Primary	The Swingate Family	Goo Goo Muck -The Cramps	Modern Dance	12
Miers Court Primary	The Greatest Show	The Greatest Show	Colours	8

We are always helped by Essence Dance group who enter teams and encourage young people to join a community dance club and to help enable children to keep physically active in their leisure time.

Here is a selection of photos to give you an idea of what a fun night this is for all participants, teachers and parents as spectators.

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St. Thomas More dance team



Essence dance Aladdin



Hundred of Hoo Dance team



All Faiths Childrens Academy dance team



Swingate dance team



Rainham Mark Grammer dance team



Miers Court dance team



New Horizons dance team



HSSP Dance Festival - all participants in T-shirts - June 2023



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