

## THE IMPORTANCE OF SPORTS LEADERS

Schools are under a lot of pressure to get good results and this in turn is passed on to the pupils. But surely, we should be helping the pupils to become well rounded people rather than treating them like robots in an exam factory. Schools need to prepare their pupils for life after school and improve their personal qualities and employability skills. Children need to be able to communicate and have the confidence to be able to work as an individual and as part of a team. They need to be organised, take responsibility and show initiative to solve problems. This is why sports leaders/young leaders/playground leaders/games/sports organising crew and active health ambassadors are so important. The benefits of these courses are huge – it helps their emotional well-being whilst keeping their mind and body healthy.

The start of my year was jam-packed running 6 young leader's courses for my primary schools and it was lovely to be asked to return to Riverside and Cedar after an absence of a few years. The children enjoy these courses and get a lot from them. During the course I can see their confidence improve as they realise that they can achieve the set tasks. And by the end of the course their self-esteem has grown and they believe that they can be responsible for leading younger children. I always think that it's a shame, although quite understandable, that their teachers cannot watch them go through the process. This is in contrast to the School Sports Organising Crew training, when staff are present for the whole session and therefore have a better understanding of what their pupils achieved and how they got there.

Having run leadership sessions for several years, I often meet children who have taken part in one of these courses and it is something that they remember fondly. Of course, leadership doesn't stop at primary school.



Rainham School for Girls Sports Team Leaders at the Kent School Games

Rainham School for Girls run level 1 and 2 sports leaders courses and help the HSSP at several events throughout the year. They provided leaders for the year 5 & 6 Sports Hall Athletics competition and again at the Kent competition.

Later this week, they will provide leaders to help at the KS2 multi skills festival. Rainham Girls are renowned for producing excellent leaders, which makes the organisers job so much easier. The PE staff believe that, by participating in these courses, "their students are inspired to develop important life skills". Perhaps more schools should run leadership courses and allow their students to experience what it feels like to lead and develop as people with employability skills.

**GAIL HALLS - SSCo**

## HSSP SCHOOL SPORTS ORGANISING CREW TRAINING - December 2019

Eleven HSSP Primary Schools took part in the annual HSSP School Sports Crew Organiser training in December 2019, at the Howard School. Here we trained (year 5 and 6's): Sports Captains, Sports Designers, Sports Statisticians and Sports Designers to assist their Primary P.E. Co-ordinators.

They lead on some projects like: helping teachers to organise some intra-school sports competitions, keeping the school website/social media/P.E. noticeboard up to date and ensuring that the profile of school sport/P.E. and the importance of every child in undertaking 30 minutes minimum of physical activity every day, at school, is kept high in their classrooms back at Primary School.

**CLAIRE MOORE - SGO and PDM**



Sports Reporters learning from Miss Mann - 5th December 2019



Beach Ball training for Sports Crew - 5th December 2019

## HSSP ACTIVE HEALTH AMBASSADOR TRAINING IN PRIMARY SCHOOLS - Planned for Thursday 2nd July 2020

Five primary schools attended our first HSSP Health Ambassador training session in July 2019. 8 Health Ambassadors were needed from one school to attend the HSSP Active Health Conference with their teacher to find out about more facts on healthy eating and drinking (with help from staff at the Medway Council Public Health Team) and the importance of all children doing daily physical activities (at least 30 minutes at school and 30 minutes at home every day).

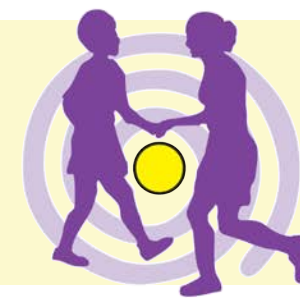
After much discussion and learning the teams of Health Ambassadors and teachers practised the delivery of a 'Health Assembly' for the whole school covering subjects like: 5 fruit/veg. a day, saturated fats, food labels, salt and re-thinking your 'sugary drinks'. Health Ambassadors who were selected by their teachers as good role models, also learnt many ideas on how to keep young people physically active at school such as the Daily Mile / Wake Up and Shake Up in class / Active Playgrounds at break time / Active Lessons and many other ideas and they enjoyed keeping active themselves. Teachers and Health Ambassadors went way with lots of ideas and resources to drive their health campaign back at their school.

This was highly successful and we plan to deliver a similar HSSP Active Health Conference in 2020: Thursday 2nd July 2020 at the Howard School Table Tennis Centre. This is now open for team bookings at the event brite website.

**CLAIRE MOORE - SGO and PDM**



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**active partners** Newsletter  
The Howard School Sport Partnership

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## WELCOME.

Welcome to all of our Primary and Secondary schools this academic year. We would like to thank school staff for all their continued support in teaching, coaching and encouraging their young people in P.E. School Sport and Physical Activity throughout the autumn and winter terms. The HSSP continues to support and advise many Primary Schools in their P.E. Action Plan (under 5 key indicator headings) for the year which needs updating on school websites in April and July. We are currently awaiting a decision from Government about the continued Primary P.E. Premium funding beyond August 2020, we are hopeful. And with this in mind we at the HSSP plan to continue to offer paid primary school sport services for the 2020-2021 academic year, we will be sending out our HSSP menu in the coming months.

We continue to actively encourage and enable primary and secondary schools to apply for the national School Games Mark Awards (Bronze/Silver/Gold and Platinum criteria now available). The online application opens on 6th May 2020 and closes on 5th August 2020 and includes all your school's achievements for the 2019-2020 academic year. Your school's application will need to be internally verified by your School Games Organiser (SGO). Schools need to register in advance online at the website: [www.yourschoolgames.com](http://www.yourschoolgames.com) There are many pre-requisites for schools to carry out before starting the application form: Inclusion Health Check and registering on the [www.activeschoolplanner.org](http://www.activeschoolplanner.org) website to show your school is working towards at least 30mins of daily physical activity for every child at school as well as encouraging 30mins of physical activity for every child every day at home/in their leisure time. The HSSP staff are available to meet with teachers to support them through the application process in the spring and summer of 2020 and up to and including late July 2020.

Well done to those schools that successfully applied and gained their national school games mark award for last year 2018-2019.

<b>GOLD (9):</b>	Burnt Oak Primary, Chattenden Primary, Bredhurst Primary, Saxon Way Primary, Hilltop Primary, The Howard School, Brompton Academy, Accademy of Woodlands, New Horizons
<b>SILVER (7):</b>	St. Thomas of Canterbury Primary, Bryony School, Brompton Westbrook Primary, St. Margaret's Junior, Fairview Primary, Hempstead Junior, Swingate Primary
<b>BRONZE (3):</b>	Park Wood Juniors, Cedar Children's Academy, All Faiths
<b>GRAND TOTAL OVERALL:</b>	19

We are also working closely with the Medway Teach School Alliance (MTSA) and the majority of Medway Secondary School P.E. Departments. to apply for allocated Sport England Lottery funding, which is specifically available for training, cover and course attendance for P.E. staff. The idea behind this funding is to survey both pupil needs/ideas on what sports/physical activities they would like to take part in on the P.E. curriculum and during extra-curricular times and a survey to find out P.E. staff's training needs. And based upon the results of these surveys and working together across Medway Secondary Schools a wider range of sport's governing body training courses will be held for Medway P.E. staff. Hence, in the longer term, a wider range of P.E./Sports and physical activities/leadership opportunities will be available for Medway Secondary School P.E. Department staff, through this funding opportunity. In a bid to encourage all pupils to participate in a wider range of P.E/Sport and physical activities at school and educate students to keep fit and physically active for life.

We have just finished the **Kent School Games winter finals**, many of which have taken place at Medway Park and well done to the following teams who won their local Medway school sports competitions and hence qualified for these finals:

<b>Sports Hall Athletics (yr 5 &amp; 6)</b> - Academy of Woodlands came 7th	 Brompton Academy Girls U13 2nd place team Kent School Games Handball finals - February 2020
<b>Sports Hall Athletics boys (yr 7 &amp; 8)</b> - Rainham Mark Grammar School Boys came 5th and 7th	
<b>Sports Hall Athletics girls (yr 7 &amp; 8)</b> - Chatham Grammar Girls came 5th and 2nd	
<b>U13 Girls Handball</b> - Brompton Academy 2nd and Hundred of Hoo Academy 3rd	
<b>U15 Girls Handball</b> - Chatham Grammar Girls 2nd and Rainham Girls 3rd	
<b>U13 Boys Handball</b> - Rainham Mark Grammar came 1st and Brompton Academy 3rd	
<b>U15 Boys Handball</b> - Strood Academy 4th	
<b>U14 Girls ELITE Badminton</b> - Rainham Girls 2nd and Rainham Mark Grammar 5th	
<b>U16 Girls ELITE Badminton</b> - Rainham Mark Grammar 2nd	
<b>U14 Girls DEV. Badminton</b> - Brompton Academy 4th, Chatham Grammar girls 7th	
<b>U16 Girls DEV. Badminton</b> - Chatham Grammar 4th	
<b>U14 Boys DEV. Badminton</b> - Hundred of Hoo 7th	
<b>Primary Basketball (yr 5 &amp; 6)</b> - Academy of Woodlands came 1st	
<b>Secondary Sat. Club Basketball</b> - Boys: Rainham Mark Grammar boys 5th, Brompton Academy 14th, Strood Academy 16th and plate winners Girls: Rainham Girls 'A' 4th, Rainham Girls 'B' 7th and Rainham Mark Grammar 8th and plate event winners	
<b>Secondary Indoor Rowing</b> - Boys: Year 7 boys - Rainham Mark Grammar 2nd, Year 10 boys - Hundred of Hoo 5th Year 11 boys - Rainham Mark Grammar 1st, 6th form Rainham Mark Grammar 1st Girls: Year 7 girls - Brompton Academy 1st, Year 8 girls - Brompton Academy 1st, Year 9 girls - Rainham Mark Grammar 3rd, Year 11 Girls - Rainham Mark Grammar 1st, Years 12 and 13 girls - Rainham Mark Grammar 3rd	
<b>Active Health Primary Festival</b> - Oasis Skinners Street Academy - 10th	

**CLAIRE MOORE - SGO and PDM**

<b>Page 1:</b> Welcome and Introduction.	<b>Page 2:</b> Academy of Woodlands amazing series of Wins and team photos. Brompton Academy's 'team work' is working - Sports Competition results.
<b>Page 3:</b> Medway Primary School Games Sports Hall Athletics Competition results. Fair Play team photos. Medway Primary (yrs 5&6 and 3&4) Sports Hall Festival results.	<b>Page 4:</b> The importance of Sports Leaders. HSSP School Sports Organising Crew. HSSP Active Health Ambassador Training day.



## ACADEMY OF WOODLANDS AMAZING SERIES OF WINS!

Many, many team gold medals were won by the Academy of Woodlands pupils in January and February 2020. In a very short space of time the Academy of Woodlands pupils won the following sporting competitions both locally, competing against Medway Primary Schools, and in the Kent School Games finals where they won the Primary basketball competing against 15 other local winning school teams:

- Yrs 3 & 4:** MYG Open Netball - winners
- Yrs 5 & 6:** Medway Primary Sports Hall Athletics - winners and qualified for the Kent School games finals and came 7th in Kent.
- Yrs 3 & 4:** Medway Primary Sports Hall Athletics - winners and qualified for the Kent School games finals in June 2020
- Yrs 5 & 6:** Kent School Games Primary Basketball (won the MYG event) and hence qualified and then were winners/ Champions of Kent!
- Yrs 5 & 6:** Medway MYG Table Tennis - winners.

Many congratulations and well done to teachers and pupils on your amazing recent achievements and all the hard work and dedication behind the scenes that help your school teams to achieve these excellent results. This includes the many lunch-time and after-school practices and the many years of encouraging pupils and teachers across the whole school to make P.E. and school sport and regular physical activity a priority for all of your pupils. We are all proud of your sporting achievements.

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Academy of Woodlands yr 3&4: Sport Hall Athletics Medway Winners - January 2020

Academy of Woodland yr 3&4: MYGO Open Netball Winners - 2020

Academy of Woodlands: Kent School Games Winners Primary Basketball - January 2020

Academy of Woodlands yr 5&6: Sports Hall Athletics Medway Winners - January 2020

## BROMPTON ACADEMY'S 'TEAM WORK' IS HAVING A POSITIVE IMPACT WITH STUDENTS AND STAFF: RECENT SCHOOL SPORTS COMPETITION RESULTS

- September 2019 to February 2020

Brompton Academy have achieved the most successful results to date with both boys and girls teams whose dedication to training and competition has excelled well beyond our usual results. As our school is in a socially deprived area, we strive to offer our students as many sporting opportunities as possible, which includes 12-15 after-school sports/physical activity clubs that run weekly, plus invite only sessions and a varied curriculum supporting the SSG calendar.

The girls and boys teams usually on average have finished in the 5th-10th placed positions in most Medway SSG events over the past few years. But this year we have shown to be highly successful with our results, which has come down to preparation, training, passion and positive relationships that form between student team members and P.E. staff at the SSG events. We have received a medal in every local sports competition and we have never qualified for a Kent School Games Final since summer 2019. This academic year we qualified for 6 Kent School Games finals and 1 National Competition so far, which has been overwhelming for everyone involved and we have never been so proud of our students.

The support that students have given one another during training and at the competitions themselves across all year groups, has really shown how much they have grown as a team. Our next competition is the School Indoor Rowing Nationals where our two girl's teams from Brompton Academy will be representing Kent. Here are a list of our results this academic year:

- Medway SSG Cross Country:** 1st place Year 7 Individual, 5 pupils qualified for the Kent Cross Country Championships
- Medway SSG Handball SSG: All years places top 4** - U13 Girls 1st, U13 Girls 4th, U13 Boys 2nd, U15 Boys 3rd
- Kent Handball Finals:** U13 Girls 2nd place and U13 Boys 3rd place
- Table Tennis Kent School Games:** Kent Schools U13 Girls team event - 2nd overall Silver medals
- Medway SSG Futsal: All age groups placed in the top 4 when we have never placed top 4 in any category before.**  
Year 7/8 Girls 2nd, Year 7/8 Boys 3rd, Year 9/10 Girls 4th, Year 9/10 boys 3rd
- Medway SSG Badminton:** U14's DEV. (yrs 7/8/9) Girls 2nd - Qualified for Kent's, U16's DEV. (yrs 10 and 11) Girls 4th place  
U14's DEV. (7/8/9) Boys 7th, U16's DEV. (yrs 10/11) Boys 4th
- Badminton Kent School Games Final:** U13 Girls 4th place
- Medway SSG Indoor Rowing:** Overall Girls 2nd, Overall Boys 2nd
- Girls West-Kent Regional Finals:** Year 7 1st, Year 8 1st, Year 9 2nd, Year 10 1st, Year 11 2nd, 6th Form 3rd
- Boys West-Kent Regional Finals:** Year 7 2nd, Year 8 2nd, Year 9 3rd, Year 10 5th, Year 11 4th, 6th Form 3rd
- Kent School Games Indoor Rowing Finals:** Year 7 Girls 1st place and Year 8 Girls 1st place
- National Finals:** Awaiting competition
- Trampolining West Kent Finals:** We qualified for Kent Finals  
Year 7/8 Girls 2nd place and Year 9/10 Girls 1st place  
Individual placings - Chloe H. 2nd Place James M. 2nd place



Boys U13 Handball Kent School Games final 3rd place team - Feb 2020



Girls yr 7 Kent School Games Indoor Rowing final 1st place team - Feb 2020

SCARLETT MANN - SSCO

## MEDWAY SSG SPORTS HALL ATHLETICS (yrs 7 & 8) COMPETITION RESULTS

- 16th January 2020 at the Howard School

The HSSP staff kindly hosted and organised the Medway Secondary School Games Sports Hall Athletics Competition, together with help from athletics volunteers for both boys and girls teams (yrs 7 and 8). This is where students (teams of 8) take part in both indoor track and field events and score for their team. The final positions were as shown on the right:

The highest placed school teams from both the HSSP and GSP areas then represented Medway in the Kent School Games finals.



Chatham Grammar Girls 1st place Sports Hall Athletics - 16th January 2020



Rainham Mark Grammar Boys 1st place Sports Hall Athletics - 16th January 2020

Place	BOYS	Pts
1st	Rainham Mark Grammar	196
2nd	Howard School	183
3rd	Brompton Academy	180
4th	Hundred of Hoo	168
5th	Thomas Aveling	155
6th	St. John Fisher	150
7th	Strood Academy	105

Place	GIRLS	Pts
1st	Chatham Grammar Girls	330
2nd	Rochester Girls Grammar	312
3rd	Brompton Academy	290
4th	Thomas Aveling	259
5th	Hundred of Hoo	247
6th	Fort Pitt Grammar	241
7th	Rainham Girls	233
8th	Rainham Mark Grammar	227
9th	St. John Fisher	226
10th	Walderslade Girls	222
11th	Strood Academy	116

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## MEDWAY PRIMARY (yrs 5&6 and 3&4) SPORTS HALL ATHLETICS FESTIVAL

- 23rd and 30th January 2020

The HSSP staff and Rainham Girls sport leaders helped to organise the yrs 5&6 Festival of Indoor Athletics events at Medway Park with many spectators in attendance. This was where each child from a large team of girls and boys (max. 15 boys and 15 girls) took part in many athletics track and field events. Adam Burgess (from the Sports Hall Athletics Associates company) led the day across both a morning session and an afternoon session. The final results were as follows:

Place	School	Pts	Place	School	Pts
1st	Academy of Woodlands (highest placed HSSP School)	1384	14th	Saxon Way	924
2nd	St Michaels	1292	15th	Fairview Primary	882
2nd	St. Margarets Junior	1292	16th	Bryony School	840
4th	St. Andrews (highest placed GSP School)	1218	17th	Halling Primary	826
5th	Delce Academy	1166	18th	Oasis Skinners Street Academy	806
6th	Lordswood	1142	19th	St. James Primary	802
7th	Burnt Oak Primary	1126	20th	Hilltop Primary	800
8th	St. Thomas More	1124	21st	Maundene Primary	740
9th	Horsted	1062	22nd	Hoo St. Werburgh Primary	738
10th	High Halstow	1046	23rd	Riverside Primary	664
11th	Hempstead Juniors	1006	24th	New Road	652
12th	Elaine Academy	950	25th	St. Thomas of Canterbury	630
13th	Brompton Westbrook Primary	948	26th	Kingfisher	524

The morning session Fair Play Award was won by Fairview Primary and the afternoon sessions Fair Play Award was won by Bryony School. We congratulate the Fair Play Award winners and well done to those teams that qualified for the Kent School Games finals. We do emphasise the importance of Fair Play, Respect, Resilience and Team-Work and are always keen for teams to receive the Fair Play Award/the Endeavour Award at all of our Festivals.



Fairview Primary Fair Play Winners yrs 5 and 6 Sports Hall Athletics - 23rd January 2020



Bryony School Fair Play Winners yrs 5 and 6 Sport Hall Athletics - 23rd January 2020



Elaine Primary Fair Play Winners yrs 3 and 4 Sports Hall Athletics - 30th January 2020

The HSSP staff and Greenacre sport leaders helped to organise the yrs 3&4 Festival of Indoor Athletics events at Medway Park with many spectators in attendance. Many congratulations to the Fair Play winning team in the morning session: Elaine Primary Academy. The final results were as follows:

Place	School	Pts	Place	School	Pts
1st	Academy of Woodlands (highest placed HSSP School)	1250	16th	St. Benedicts	806
2nd	St. Margarets Junior	1206	16th	St. Thomas of Canterbury	806
2nd	St. Andrews	1206	18th	Hilltop	800
4th	Park Wood Juniors	1178	19th	Oasis Skinners Street	758
5th	Burnt Oak	1166	20th	Lordswood Juniors	754
6th	Waren Wood	1090	21st	Maundene Primary	734
7th	Lordswood	1082	22nd	Bredhurst Primary	716
8th	Chattenden	1070	23rd	Bryony	708
9th	St. Michaels	1036	24th	Fairview	696
10th	High Halstow	976	25th	Elaine	612
11th	Horsted	914	26th	Kingfisher	602
12th	Brompton Westbrook Primary	878	27th	St. James	558
13th	Hoo St. Werburgh	864	28th	Riverside	534
14th	St. Thomas More	854	29th	Saxon Way	532
15th	Hempstead Juniors	816	30th	New Road	516

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